高考应用文话题写作策略

Day 05 体育活动

【句式·策略】

1．用简而不凡的简单句为表达“奠基”

①这次活动促进了我们更好地理解友谊。

The activity contributed to our better understanding of friendship.

②这次活动给我们提供了一个相互交流的机会。

This activity offered us a chance to communicate with each other.

③我们球队正忙于为这次比赛做准备，从生活到日常训练。(2019·全国卷Ⅱ书面表达)

Our team is busy preparing for the game，from living to daily training.

2．用美观整齐的并列句为表达“提质”

①下周我们学校将有个活动，我需要你的帮助。

We’ll have an activity in our school next week and I need your help.

②请告知我你的计划安排，我将为这次比赛作好准备。

Please inform me of your schedule and I’ll be ready for the match.

③我们学校有一个大操场，并且明年将新建一个体育场。

Our school is equipped with a big playground and a new stadium will be built next year.

3．用花样繁多的复合句为表达“增色”

①课外活动可以给我们娱乐，帮助我们放松自己，其中打篮球是我最喜欢的。

After－class activities can give us amusement and help us to relax ourselves，among which playing basketball is my favourite.

②有些人似乎认为体育运动不是什么重要的事情，只是人们在不工作的时候偶尔才去做的。

Some people seem to think that sports are unimportant things that people do at times when they are not working.

③毫无疑问，像爬山这样的活动为人们提供了一个锻炼的好机会。

There is no doubt that such activities like climbing a mountain provide a good chance for people to do exercise.

4．用光彩夺目的非谓语动词为表达“美化”

①为了响应学校发起的阳光体育活动，我们早上组织了长跑活动。

In response to the Sunshine Sports Activities launched by our school， we have organized a long－distance running in the morning.

②第二，到户外和你的朋友们一起玩团队游戏，因为体育锻炼是一种有效的排解怒气的方式。

Second，going outdoors and playing team games with your friends as physical exercise is an effective way to get rid of anger.

③意识到进行体育活动的重要性，我们当中的大多数人开始采取一系列有效的措施，由此带来了一些积极的变化。

Having realized the importance of doing sports，most of us begin to take a series of effective steps，thus bringing some positive changes.

5．用委婉动人的虚拟句为表达“点缀”

①我建议你应该保持学习和锻炼之间的平衡。

I suggest you (should) keep the balance between your study and exercise.

②是时候采取行动远离电视和电脑去参加体育活动了。

It is time that we should take action to stay away from the TV and computer and take part in sports activities.

③要不是他今天头痛，他早就去爬山了。

He would have climbed the hill if it were not for his headache.

6．用独具风格的特殊句为表达“添彩”

①体育运动不仅能强身健体而且有助于我们增强意志力和决心。

Not only can sports build up our body　but also it can develop willpower and determination.

②郎平说：是最艰难的时光会导致最伟大的时刻。

“It is your hardest time that leads to the greatest moment，” Lang Ping said.

③永不放弃，你一定会成功。

Never give up and you’ll be sure to succeed.

【类型·演练】

电子邮件

假定你是李华，请根据以下提示给你的英国朋友 Tom 写一封邮件，介绍一下你校运动俱乐部(Sports Club)的活动情况，内容包括：

1．活动的时间和地点；

2．活动的内容；

3．你的感受。

注意：1.词数 100 左右；

2．可以适当增加细节，以使行文连贯。

【参考范文】

Dear Tom，

How are you going these days? I’m writing to share with you something about our school’s Sports Club，and the detailed information is as follows.

The Sports Club is located in our school’s gym， where a variety of activities are held every afternoon after school.At weekends，it is available all day for all students who are interested in sports events.Badminton，basketball and table tennis are especially popular among students.What excites me most is that there are some kinds of competitions held every few weeks，which attract many students to watch and enrich our school life.In a word，it is an ideal place to relax ourselves after class.

Best wishes!

Yours sincerely,

Li Hua