

2023 年江苏省无锡外国语学校中考英语一模试卷

一、单项选择在 A、B、C、D 四个选项中, 选出可以填入空白处的最佳选项, 并在答题卡上将该项涂黑。

1. (1 分) When sunlight passes _____ small water drops in the sky, rainbows appear. ()
A. through B. across C. beyond D. along
2. (1 分) If you don't take the GPS with you, you will be _____ a blind man in the rainforest. ()
A. as good as B. as well as
C. as silly as D. as slow as
3. (1 分) -- Zhang Yue, how many of your classmates have brothers or sisters in their families?
-- Believe it or not, it _____ to be more than a quarter. ()
A. takes up B. turns up C. takes out D. turns out
4. (1 分) Life is like a one-way race, so treasure every moment _____ time cannot be won again. ()
A. so B. as C. if D. unless
5. (1 分) -- Boys and girls, what do you want to know about H1 N1 (甲流)?
-- I wonder _____. ()
A. when the disease has happened
B. why has the disease spread so fast
C. how long the virus started
D. what we can do to fight against it
6. (1 分) Gen Zers (people born from 1995 to 2009) are the most active group of people, who _____ the past with the future. ()
A. connect B. contact C. control D. complete
7. (1 分) The Lei Feng's spirit is still _____ encouraging a new generation of Chinese although it is more than sixty years since he died. ()
A. lively B. live C. living D. alive

8. (1分) The "Wandering Earth" series and TV drama "Three - Body" once again brought Liu Cixin, a famous science fiction writer, to the _____ of Chinese people. ()
- A. notice B. interest
C. attention D. attraction
9. (1分) - I have tried very hard to solve the problem, but failed.
- Why not ask our monitor for help? You see, _____. ()
- A. great minds think alike
B. it's better to think twice before doing something
C. a bird in the hand is worth two in the bush
D. two heads are better than one
10. (1分) _____ is better worth my respect than Yuan Longping. He is a great scientist. ()
- A. Somebody B. Anybody C. Nobody D. Everybody
11. (1分) - I can't sleep well these days and wake up feeling worn out.
- It is said that doing sports can help you sleep _____. Why not have a try? ()
- A. deeply B. properly C. hardly D. simply
12. (1分) - When? Monday? I'm afraid Monday _____ be a problem for me.
- But why? Your Monday is wide open. ()
- A. need B. needn't
C. might not D. might
13. (1分) Eating out may change the form of the tradition in celebrating the Spring Festival, but the love between the family members _____ the same. ()
- A. feels B. means C. lasts D. remains
14. (1分) - - - I honestly don't think I am going to be accepted by the Party.
- - - Well, _____! You may have made a better impression than you think.

()

A. you never know

B. I told you

C. not a chance

D. what a pity

二、完形填空

15. (10分) That day, Tom was called to his teacher Dwyer's office. He was feeling a little (1) _____ when he chatted with his teacher.

"I just feel as if I had no (2) _____ of my life at the moment. My parents are telling me one thing, and my friends are telling me another. Everything keeps (3) _____ and I am not sure what I should do next." Dwyer nodded his head and left the room for a moment, returning with a (4) _____. He set it down on the table between them and asked Tom to start. They exchanged a few turns without any real (5) _____ before Dwyer spoke for the first time.

"In the game of chess, who are you?" Dwyer asked. "At the moment, I feel like a pawn (卒子). I am (6) _____ in my movement and don't have much ability." answered Tom. "Who would you rather be?" Dwyer asked. "I'd rather be the queen, of course. She can move in any direction and is the most powerful piece on the chessboard."

Tom said. "Are you sure about that?" Dwyer added. "Of course! Isn't it (7) _____?" Tom answered.

Dwyer sat back in the chair and said in a quiet, yet firm voice, "You shouldn't be the pawn, or the queen. You need to be the player moving the pieces around. Stop being (8) _____ around by others and take charge. There are too many people around us whose lives are (9) _____ by the decisions of their bosses, their parents, their peers and the media. You are better than them, so step up and take charge! We weren't born to be pieces moved around on a chessboard. We were born to positively influence the world around us."

Tom understood and smiled, "Checkmate (国际象棋中攻击对方将帅)", "With that, he (10) _____ from his chair and walked out of Dwyer's office, decided to change the world.

- (1) A. excited B. scared C. angry D. down
- (2) A. doubt B. control C. idea D. experience
- (3) A. changing B. appearing C. moving D. complaining
- (4) A. notebook B. box C. chessboard D. bag
- (5) A. result B. purpose C. attention D. promise
- (6) A. decided B. limited C. devoted D. harmed
- (7) A. funny B. clear C. stupid D. careful
- (8) A. turned B. gathered C. laughed D. pushed
- (9) A. improved B. destroyed C. controlled D. protected
- (10) A. rose B. went C. left D. sat

II control C. idea D. experience



16. (6分)

(1) The pictures above are _____.

- A. a poster
- B. a comic strip

C. a diary

D. a school story

(2) The pictures are mostly probably created for _____.

A. parents

B. teachers

C. children

D. friends

(3) From the pictures, we can learn that we should _____.

A. be brave to say no

B. do what our friends do

C. ask questions after class

D. keep secrets to parents

17. (6分) Resting my head on Helen's shoulder, I put my arms round her waist (腰). She drew me to her, and we rested in silence.

We had not sat long before another person came in.

Some heavy clouds, swept from the sky by a rising wind, had left the moon bright; and her light, coming in through a window near, shone full both on us and on the coming person., Miss Temple.

"I came on purpose to find you. Jane Eyre," said she. "I want you in my room, and as Helen Burns is with you, she may come too."

We followed Miss Temple to her apartment. It had a good fire, and looked cheerful. Miss Temple told Helen Burns to be seated in a low arm-chair on one side of the fire place, and herself taking another, she called me to her side.

"Is it all over?" she asked, looking down at my face. "Have you cried your sadness away?"

"I am afraid I never shall do that."

"Why?"

"Because I have been wrongly accused (指责) and you and everybody else, will now think me a bad girl."

"We shall think you what you prove yourself to be, my child. Continue to act as a good girl, and you will satisfy us. "

"Shall I, Miss Temple? "

"You will. " said Miss Temple, "You have been accused of lying when you were little. Tell us the truth, but add nothing and exaggerate (夸大) nothing. "

I made up my mind that I would be most modest and most correct. Having thought for a few minutes about where to start, I told her all the story of my sad childhood.

(1) What can we infer from the underlined part? _____

- A. Jane could get into big trouble again.
- B. Jane's luck might change for the better.
- C. Jane would rather have some time on her own.
- D. Jane was going to be punished by Miss Temple.

(2) Which of the following is TRUE about Jane according to the passage? _____

- A. She chose to trust Miss Temple.
- B. She didn't mind being accused.
- C. She made up her childhood story.
- D. She once behaved as a bad girl.

(3) Which of the following words can best describe Miss Temple? _____

- A. Ungenerous.
- B. Impatient.
- C. Thoughtful.
- D. Forgetful.

18. (6分) ChatGPT, a powerful AI (artificial intelligence 人工智能) chatbot tool, has swept the world in the past few months. The tool is an AI chatbot system that was created by OpenAI company in America and went public in November 2022. ChatGPT can remember the topic of your conversation, answer your questions and write stories and any other written texts you can think of. It gets its answers from a great deal of information on the Internet.

You can ask ChatGPT anything, like explaining physics, asking for birthday party ideas and getting programming (编程) help. Perhaps it's not smart enough to complete everything humans can do yet, but it can be creative, and its answers can sound completely correct. A few days after its coming, more than 1 million people were trying out ChatGPT. It is reported that ChatGPT reached 100 million users in 2 months, while it took TikTok about 9 months to reach 100 million users and Instagram spend two and a half years reaching it.

ChatGPT is free to use at the moment because it is still in its research process (过程). But when too many people flood onto the server (服务器), it is crowded with too many users and can't deal with your needs. It just means you should try visiting the website at a later time when fewer people are trying to enter it. If you wouldn't like to wait, there is a good choice for you. Up to February, 2023, OpenAI has another product, ChatGPT Plus, which allows users to join the server quickly even during the rush hour of Network. This service does come at a cost of \$20 per month.

However, Google has an advantage over ChatGPT. ChatGPT is an artificial intelligence robot that can solve your problems, while Google is a search engine, and on it you can search for as much information as possible. ChatGPT has fixed knowledge because of its programming but Google has up-to-date knowledge every day.

(1) Why does the writer list figures (列数字) in Paragraph 2? _____

- A. To show that ChatGPT is very popular.
- B. To show that ChatGPT is very expensive.
- C. To show that ChatGPT is very creative.
- D. To show that ChatGPT is very helpful.

(2) What is ChatGPT Plus designed for? _____

- A. Guiding users to experience free services.
- B. Allowing users to visit the website later.
- C. Helping users write their stories.
- D. Offering users a chance to visit the website quickly.

(3) What is the disadvantage of ChatGPT compared with Google? _____

- A. It works on fixed numbers.
- B. It takes more time to search for information.
- C. It doesn't have the latest knowledge.
- D. It may provide wrong answers to questions.

19. (8分) Growing up in Zanzibar, Tanzania, Abdulrazak Gurnah never considered the possibility that he might one day be a writer. "It wasn't something you could say 'I want to be a writer.' as you were growing up." He thought he would become "something useful, like an engineer". However, Gurnah, 72, was awarded the Nobel Prize in Literature in 2021. He is the first black writer to receive the prize since Toni Morrison in 1993, and the first African to win the award in more than ten years.

In 1964, Gurnah had to escape to England at the age of 18 because of a violent uprising (暴力起义). Miserable, poor, homesick, he began to write short passages about home in his diary, then longer articles, then stories about other people. The habit of writing to understand and record his hard life eventually made him complete the first novel, and then nine more.

Gurnah's first language is Swahili, but he used English as his literary language, with his prose (散文) often influenced by works of Swahili, Arabic and German. He drew on the imagery and stories from the Quran, as well as from Arabic and Persian poetry, especially "The Arabian Nights". A novelist described his prose as being like a gentle knife slowly moving in. "He is writing stories that are often quiet stories of people who aren't heard, but there's an insistence there that we listen," the novelist said. A director from Nigeria said that she expected the Nobel Prize would draw a larger audience for Gurnah on the African continent, where his work is not very widely known, and that she hoped his historical fiction might encourage younger generations to think more carefully and deeply about their countries' pasts.

Though Gurnah hasn't lived in Tanzania since he was a teenager, the country continues to give Gurnah the ideas for creating. "You don't have to be there to write

about a place, " he said."It's all in the fiber of everything you are." He also said that his homeland always asserts (积极表达) himself in his imagination.

(1) What can we learn about Gurnah? _____

- A. He is the first African to win the award.
- B. He writes his novels in Swahili and English.
- C. He spends most of his life in Tanzania.
- D. His homeland has a big influence on him.

(2) Which of the following words is suitable to describe Gurnah's works? _____

- A. Simple.
- B. Exciting.
- C. Common.
- D. Powerful.

(3) What does the underlined word "fiber" mean in this passage? _____

- A. A material used to make rope or cloth.
- B. Something helping people keep health.
- C. A tiny piece that forms parts of the body.
- D. A strong feeling that really wants something.

(4) The news story is most probably written to _____

- A. make readers take pity on the people in Africa
- B. introduce Gurnah as the winner of Nobel Prize
- C. attract more people to know about Africa's pasts
- D. encourage more people to read Gurnah's works



四、词汇运用(本大题共8小题;每小题1分,共8分)

20. (1分) We won't realize how much health _____ (要紧) to us until we lose it.
21. (1分) You can _____ (无疑) enter the ideal high school through your hard work in the following months.
22. (1分) Soft music is often played at some malls to _____ (创造) a relaxing shopping environment.
23. (1分) Ahead of President Xi's visit to European countries, Washington asked European countries to be "with us, or _____ (反对) us. "
24. (1分) The government agrees that the _____ (wealth) people are, the more income taxes they may have to pay.
25. (1分) Though my grandpa is in his _____ (ninety), he is still in good condition.
26. (1分) While I'm walking in the woods, I like the _____ (Feel) of peace and quiet.
27. (1分) The students were _____ (complete) out of control after their teacher left the classroom.

五、动词填空 用括号内所给动词的适当形式填空, 并将答案写在答题卡对应题号的横线上。(本大题共 8

28. (1分) - Look! The whole team are over the moon now.
- Exactly. You know they _____ (win) the championship of this season.
29. (1分) Beijing is the first country in the world _____ (hold) both Summer Olympics and Winter Olympics.
30. (1分) It's a long time! He can't remember when this picture (take) in Turtle Head Isle.
31. (1分) Controlling the moods can prevent us from doing something we (regret) later on.
32. (1分) Taking notes in class is a good way to avoid (forget) important knowledge, boys.
33. (1分) I seldom drink black coffee because it _____ (hurt) my stomach.

34. (1分) - - - You seemed busy just now. Have you got a minute now, sir?

- - - Sure. I _____ (reply) to an important e-mail. It's done.

35. (1分) I couldn't remember the fairy story I wanted to tell her, so I
(make) one up.

六、阅读填空 先通读下面的短文, 然后根据短文内容, 在文章后表格的空格内填入一个最恰当的单词。所填单词必须写在答题卡对应题号的横线上。每个空格只能填一个单词。

36. (5分) 先通读下面的短文, 然后根据短文内容, 在文章后表格的空格内填入一个最适当的单词。所填单词必须写在答题卡对应题号的横线上。每个空格只能填一个单词。

Procrastination (拖延) has influenced human beings for centuries. It is the act of delaying a task. It prevents you from following what you start to do.

Why do we procrastinate? The best way to understand is to imagine that you have two selves: Present Self and Future Self. Researchers have found that the Present Self and the Future Self are seldom in agreement with each other. The Future Self wants to be slim and fit, but the Present Self wants a hamburger.

There are different ways to stop procrastinating. You can make the rewards of taking action happen at once. You can bring future rewards into the present moment. For example, only listen to audiobooks you love while exercising or only watch your favourite show while doing tiring housework.

Secondly, make the results of procrastination more direct. Make yourself pay the costs of procrastination sooner in many ways. If you exercise by yourself, missing once won't influence your life much at all. However, if you promise to exercise with a friend, the cost of missing it becomes higher. It means you have to break a promise.

Another popular tool is to design your future actions. You can control your future eating habits by buying food in small packages rather than in the large size. You can stop wasting time on your phone by deleting (删除) games or social media apps.

Lastly, use the two - minute rule to start a new habit. "When you start a new habit, it should take less than two minutes to finish." The idea is to make it as easy as

possible to get started and then trust that momentum （动力） will carry you further into the task after you begin.

	Ways to Stop Procrastination
What	Procrastination is the act of delaying a task.
Why	It is said that the Present Self and the Future Self can't (1) an agreement.
How	<p>Make the rewards of taking action happen at once. For example, you can do (2) _____ you love to do while doing tiring work.</p> <p>Make the results of procrastination more direct. You can promise to exercise with a friend (3) _____ of exercising by yourself.</p> <p>Design your future actions , like controlling your future eating habits by buying food in small packages or (4) more time on your phone by deleting some unnecessary apps.</p> <p>Make the task much (5) _____ to finish. You can use the two - minute rule which carries you further into the task after you begin.</p>

七、完成句子 按所给的汉语，用英语完成下列句子，并将答案写在答题卡对应题号的横线上。（本大题 共 6 小题；每小题 1.5 分，共 9 分）

37. （1.5 分）前几天抖音宣布会采取措施来保护用户信息安全。

The other day TikTok announced it _____ the safety of user information.

38. （1.5 分）你能告诉我你怎样和同龄人和睦相处吗？

Could you tell me _____ ?

39. （1.5 分）因为油即将耗尽，所以他们将被迫缩短行程。

The oil is running out, so they _____.

40. （1.5 分）看，你的卧室完全一团糟，快收拾好。

Look! Your bedroom _____. Please tidy it up.

41. (1.5 分) 这档脱口秀太无聊了，不值得看。

The talk show is so _____.

42. (1.5 分) 人非产品，不可能人人皆达到标准。

Unlike products, it seems impossible for everyone _____.

八、书面表达（本大题共 20 分）

43. (20 分) 世界卫生组织和联合国儿童基金会将生活技能 (life skills) 作为全球青少年儿童发展的重要主题之一。请根据图中提示写一篇英语短文，描述作为青少年，应该提高哪些及如何提高自己的生活技能。除了提示中的内容，请你至少再补充一条。

注意：

1. 文中不得出现你的真实姓名和学校名称；
2. 表达清楚，语句通顺，意思连贯，书写规范；
3. 词数不少于 100。文章的开头已为你写好，不计入总词数。

Life skills are necessary for us. What life skills should we teenagers develop?

And how? Here is

my opinion. _____



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参考答案与试题解析

一、单项选择在 A、B、C、D 四个选项中, 选出可以填入空白处的最佳选项, 并在答题卡上将该项涂黑。

1. (1 分) When sunlight passes _____ small water drops in the sky, rainbows appear. ()

A. through B. across C. beyond D. along

【答案】A

【分析】当阳光穿过天空中的小水滴时, 就会出现彩虹。

【解答】through 内部穿过; across 表面穿过; beyond 超过; along 沿着。根据 small water drops in the sky, 可知此处用 through, 表示"中间穿过"。

故选: A。

2. (1 分) If you don't take the GPS with you, you will be _____ a blind man in the rainforest. ()

A. as good as B. as well as
C. as silly as D. as slow as

【答案】A

【分析】如果你不带上全球定位系统, 在热带雨林中你就好像盲人一样。

【解答】as good as 和...一样好或"和...几乎一样"; as well as 以及; as silly as 和...一样傻; as slow as 和...一样慢。根据观察和分析句子结构和句意可知本题正确答案是 A。

故选: A。

3. (1 分) -- Zhang Yue, how many of your classmates have brothers or sisters in their families?

-- Believe it or not, it _____ to be more than a quarter. ()

A. takes up B. turns up C. takes out D. turns out

【答案】D

【分析】- 张月, 你的同学中有多少人家里有兄弟姐妹?

—信不信由你，结果是超过四分之一。

【解答】takes up 开始从事，喜欢上；turns up 调大，调高；takes out 去除，取出；turns out 结果是。根据上文“张月，你的同学中有多少人家里有兄弟姐妹？”可知词句是“信不信由你，结果是超过四分之一。”

故选：D。

4. (1分) Life is like a one - way race, so treasure every moment _____ time cannot be won again. ()

A. so B. as C. if D. unless

【答案】B

【分析】生活就像单程赛，所以珍惜每个时刻，因为时光一去不复返。

【解答】so 所以；as 因为；if 如果；unless 除非；根据句意，珍惜每个时刻_____时光一去不复返，可知此处用 as，表示“因为”。

故选：B。

5. (1分) —Boys and girls, what do you want to know about H1 N1 (甲流) ?

—I wonder _____. ()

A. when the disease has happened
B. why has the disease spread so fast
C. how long the virus started
D. what we can do to fight against it

【答案】D

【分析】—孩子们，你们想了解甲流吗？

—我想知道我们能做什么来抗击甲流。

【解答】经过分析可知句子包含一个宾语从句。宾语从句的语序使用陈述句语序，因此可先排除 B；选项 C 中的谓语动词 (started) 是短暂性动词，不能与 how long 连用，可排除。选项 A 中的 when 不与现在完成时连用。

故选：D。

6. (1分) Gen Zers (people born from 1995 to 2009) are the most active group of people, who _____ the past with the future. ()

A. connect B. contact C. control D. complete

【答案】A

【分析】Z世代（1995至2009年间出生的人）是最活跃的群体，他们连接着过去与未来。

【解答】connect（使）连接；contact联系；control控制；complete完成。根据句意可知，此处指“连接过去与未来”，connect with“与……连接”。

故选：A。

7. (1分) The Lei Feng's spirit is still _____ encouraging a new generation of Chinese although it is more than sixty years since he died. ()

A. lively B. live C. living D. alive

【答案】D

【分析】雷锋精神仍然激励着新一代中国人，尽管他去世六十多年了。

【解答】lively 活泼的；live 现场直播的；living 活着的，活的，主要用于作前置定语及冠词 the 之后表示一类人；alive 活着的，是表语形容词，可修饰人、物，在句中做表语宾补和或后置定语，不能用作前置定语。根据“The Lei Feng's spirit”可知，此处是“但雷锋的精神依然存在”。此处是表示活着的状态用 alive。故选：D。

8. (1分) The "Wandering Earth" series and TV drama "Three - Body" once again brought Liu Cixin, a famous science fiction writer, to the _____ of Chinese people. ()

A. notice B. interest
C. attention D. attraction

【答案】C

【分析】《流浪地球》系列和电视剧《三体》再次引起了中国人民对著名科幻作家刘慈欣的关注。

【解答】notice 通知；interest 兴趣；attention 关注；attraction 吸引力。根据“The "Wandering Earth" series and TV drama "Three - Body" once again brought Liu Cixin, a famous science fiction writer”可知，此处是“中国人民对著名科幻作家刘慈欣的关注”。

故选：C。

9. (1分) - I have tried very hard to solve the problem, but failed.

- Why not ask our monitor for help? You see, _____. ()

- A. great minds think alike
- B. it's better to think twice before doing something
- C. a bird in the hand is worth two in the bush
- D. two heads are better than one

【答案】D

【分析】-- 我已经非常努力地试图解决这个问题，但没有成功。

-- 为什么不向我们的班长寻求帮助？你知道的，两个人的智慧胜一人。

【解答】A 英雄所见略同，B 在做某事之前最好再三思考，C 双鸟在林不如一鸟在手，D 两个人的智慧胜一人；结合前句句意“我很努力地想找到解决这个问题的办法，但没有成功。为什么不向我们的班长寻求帮助？你知道的，”可知，要回答“两个人的智慧胜一人”，其它选项语意不通。
故选：D。

10. (1分) _____ is better worth my respect than Yuan Longping. He is a great scientist. ()

- A. Somebody
- B. Anybody
- C. Nobody
- D. Everybody

【答案】C

【分析】没有人比袁隆平更值得我尊重。他是一位伟大的科学家。

【解答】Somebody 意为“某人”，常用于肯定句中；Anybody 在肯定句中意为“任何人”，常用于否定句和疑问句中。Nobody 意为“没有人”；everybody 意为“每个人”；句意为：没有人比袁隆平更值得我尊重。故选项 C 符合题意。
故选：C。

11. (1分) - I can't sleep well these days and wake up feeling worn out.

- It is said that doing sports can help you sleep _____. Why not have a try? ()

- A. deeply
- B. properly
- C. hardly
- D. simply

【答案】A

【分析】-- 这些天我睡不好，醒来后感觉疲惫不堪。

- - 据说运动可以帮助你熟睡。为什么不试一下？

【解答】deeply深深地；properly合适地；hardly几乎不；simply仅仅；sleep deeply是固定搭配，意为“沉睡，熟睡”。根据句意，运动可以帮助你熟睡。

故选：A。

12. (1分) - When? Monday? I'm afraid Monday _____ be a problem for me.

- But why? Your Monday is wide open. ()

A. need

B. needn't

C. might not

D. might

【答案】D

【分析】——什么时候？周一？恐怕周一有点困难。

——但是为什么呢？你周一有空。

【解答】A表示需要，B表示不需要，C表示可能不，D表示可能，可以；根据句意“恐怕周一有点困难。”可知空处要表达“可能”的意思，might可能，排除选项ABC。

故选：D。

13. (1分) Eating out may change the form of the tradition in celebrating the Spring Festival, but the love between the family members _____ the same. ()

A. feels

B. means

C. lasts

D. remains

【答案】D

【分析】外出就餐可能会改变庆祝春节的传统形式，但家人之间的爱是不变的。

【解答】A感觉；B意味着；C持续；D留下。分析句子结构可知，but前后连接两个句子，在but后面的句子中，“依然没变”用remain the same，动词remain是谓语动词，句子描述的是传统形式，应用一般现在时，主语是the love（爱）是第三人称单数，所以remain应用三单形式remains。

故选：D。

14. (1分) - - - I honestly don't think I am going to be accepted by the Party.

- - - Well, _____! You may have made a better impression than you think.
()

A. you never know

B. I told you

C. not a chance

D. what a pity

【答案】A

【分析】——老实说，我认为我不会被党接受。

——好吧，说不准！你给人的印象可能比你想象的要好。

【解答】考查情境交际。A 说不准；B 我告诉你；C 想都别想；D 真遗憾。根据答语 You may have made a better impression than you think.（你给人的印象可能比你想象的要好。）可知上文被党接受是可能的，A 符合情境。

故选：A。

二、完形填空

15. (10 分) That day, Tom was called to his teacher Dwyer's office. He was feeling a little (1) D when he chatted with his teacher.

"I just feel as if I had no (2) B of my life at the moment. My parents are telling me one thing, and my friends are telling me another. Everything keeps (3) A and I am not sure what I should do next." Dwyer nodded his head and left the room for a moment, returning with a (4) C. He set it down on the table between them and asked Tom to start. They exchanged a few turns without any real (5) B before Dwyer spoke for the first time.

"In the game of chess, who are you?" Dwyer asked. "At the moment, I feel like a pawn (卒子). I am (6) B in my movement and don't have much ability." answered Tom. "Who would you rather be?" Dwyer asked. "I'd rather be the queen, of course. She can move in any direction and is the most powerful piece on the chessboard."

Tom said. "Are you sure about that?" Dwyer added. "Of course! Isn't it (7) B?" Tom answered.

Dwyer sat back in the chair and said in a quiet, yet firm voice, "You shouldn't be the pawn, or the queen. You need to be the player moving the pieces around. Stop

being (8) D around by others and take charge. There are too many people around us whose lives are (9) C by the decisions of their bosses, their parents, their peers and the media. You are better than them, so step up and take charge! We weren't born to be pieces moved around on a chessboard. We were born to positively influence the world around us."

Tom understood and smiled, "Checkmate (国际象棋中攻击对方将帅), "With that, he (10) A from his chair and walked out of Dwyer's office, decided to change the world.

- | | | | | |
|------|-------------|--------------|---------------|----------------|
| (1) | A. excited | B. scared | C. angry | D. down |
| (2) | A. doubt | B. control | C. idea | D. experience |
| (3) | A. changing | B. appearing | C. moving | D. complaining |
| (4) | A. notebook | B. box | C. chessboard | D. bag |
| (5) | A. result | B. purpose | C. attention | D. promise |
| (6) | A. decided | B. limited | C. devoted | D. harmed |
| (7) | A. funny | B. clear | C. stupid | D. careful |
| (8) | A. turned | B. gathered | C. laughed | D. pushed |
| (9) | A. improved | B. destroyed | C. controlled | D. protected |
| (10) | A. rose | B. went | C. left | D. sat |

【答案】 DBACB BBDCA

【分析】 本文主要讲述了汤姆对生活感到很无力，德怀尔老师通过下棋开导汤姆，要他做下棋的人，而不是受到他人摆布的棋子。

【解答】 (1) 考查形容词。句意：他和老师聊天时情绪有点低落。A.excited 兴奋的；B.scared 恐惧的；C.angry 生气的；D.down 沮丧的。根据第二段 I am not sure what I should do next (我不确定下一步该做什么) 可知，汤姆感到很迷茫，情绪低落。故选 D。

(2) 考查名词。句意：我只是觉得此刻我好像无法控制我的生活。A.doubt 怀疑；B.control 控制；C.idea 想法；D.experience 经历，经验。根据后句 My parents

are telling me one thing, and my friends are telling me another.（我的父母告诉我一件事，我的朋友告诉我另一件事。）可知，汤姆无法控制自己的生活。故选 B。

（3）考查动名词。句意：一切都在变化，我不知道下一步该做什么。A.changing 变化；B.appearing 出现；C.moving 移动；D.complaining 抱怨。根据后半句 and I am not sure what I should do next（我不确定下一步该做什么）可知，一切都在变化。故选 A。

（4）考查名词。句意：德怀尔点点头，离开了房间一会儿，拿着一个棋盘回来。A.notebook 笔记本；B.box 盒子；C.chessboard 棋盘；D.bag 包。根据第三段 on the chessboard（在棋盘上）可知，是拿着一个棋盘回来了。故选 C。

（5）考查名词。句意：在德怀尔第一次开口说话之前，他们毫无目的地下了几个回合。A.result 结果；B.purpose 目的；C.attention 注意力；D.promise 承诺。根据前句 He set it down on the table between them and asked Tom to start.（他把它放在他们之间的桌子上，让汤姆开始下。）可知，他们单纯地开始下棋，即毫无目的地下棋。故选 B。

（6）考查动词。句意：我行动受限，没有什么能力。A.decided 决定；B.limited 限制；C.devoted 奉献；D.harmed 伤害。根据后半句 don't have much ability（没有什么能力）结合选项可知，是指行动受限。故选 B。

（7）考查形容词。句意：难道不是很明显的吗？A.funny 有趣的；B.clear 明显的；C.stupid 愚蠢的；D.careful 仔细的。根据 Of course!（当然！）可知，他觉得这个问题的答案是显而易见的。故选 B。

（8）考查动词。句意：别再被别人摆布了，自己掌控。A.tuned 转身；B.gathered 聚集；C.laughed 笑；D.pushed 推。根据 and take charge（自己掌控）可知，是指不要被别人摆布。push around 摆布。故选 D。

（9）考查动词。句意：我们身边有太多的人，他们的生活被他们的老板、父母、同事和媒体的决定所控制。A.improved 改进；B.destroyed 摧毁；C.controlled 控制；D.protected 保护。根据后半句 by the decisions of their bosses, their parents, their peers and the media（被他们的老板、父母、同事和媒体的决定）结合选项可知，被那些人的决定所控制。故选 C。

(10) 考查动词。句意: 说完, 他从椅子上站起来, 走出德怀尔的办公室, 决定改变世界。A.rose 起身, 站起来; B.went 去; C.left 离开; D.sat 坐。根据 from his chair and walked out of Dwyer's office (从椅子上……, 走出德怀尔的办公室) 可知, 是指从椅子上站起来。故选 A。

II controlC.ideaD.experience



16. (6分)

(1) The pictures above are B .

- A. a poster
- B. a comic strip
- C. a diary
- D. a school story

(2) The pictures are mostly probably created for C .

- A. parents
- B. teachers
- C. children
- D. friends

(3) From the pictures, we can learn that we should A .

- A. be brave to say no
- B. do what our friends do
- C. ask questions after class
- D. keep secrets to parents

【答案】BCA

【分析】本文是一则连环漫画，描绘了“勇敢说不”、“不盲目跟从朋友”、“课堂勇敢提问”以及“向父母敞开心扉”的四个场景。

【解答】推理判断题。

(1) 根据图片结合常识可知，本文是一则连环漫画。A 选项“海报”，B 选项“连环漫画”，C 选项“日记”，D 选项“校园故事”。故选 B。

(2) 根据漫画可知，本文主要描绘了“勇敢说不”、“不盲目跟从朋友”、“课堂勇敢提问”以及“向父母敞开心扉”的四个场景。所以本文是为孩子们创作的。故选 C。

(3) 根据左侧漫画一 Hey, come with us! (嘿，跟我们走!) 以及左侧漫画二 No, it's not a green light yet. (不，还不是绿灯。) 可知，我们要勇敢地说不。故选 A。

17. (6 分) Resting my head on Helen's shoulder, I put my arms round her waist (腰). She drew me to her, and we rested in silence.

We had not sat long before another person came in.

Some heavy clouds, swept from the sky by a rising wind, had left the moon bright; and her light, coming in through a window near, shone full both on us and on the coming person., Miss Temple.

"I came on purpose to find you. Jane Eyre," said she. "I want you in my room, and as Helen Burns is with you, she may come too."

We followed Miss Temple to her apartment. It had a good fire, and looked cheerful. Miss Temple told Helen Burns to be seated in a low arm - chair on one side of the fire place, and herself taking another, she called me to her side.

"Is it all over?" she asked, looking down at my face. "Have you cried your

sadness away? "

"I am afraid I never shall do that. "

"Why? "

"Because I have been wrongly accused (指责) and you and everybody else, will now think me a bad girl. "

"We shall think you what you prove yourself to be, my child. Continue to act as a good girl, and you will satisfy us. "

"Shall I, Miss Temple? "

"You will. " said Miss Temple, "You have been accused of lying when you were little. Tell us the truth, but add nothing and exaggerate (夸大) nothing. "

I made up my mind that I would be most modest and most correct. Having thought for a few minutes about where to start, I told her all the story of my sad childhood.

(1) What can we infer from the underlined part? B

- A. Jane could get into big trouble again.
- B. Jane's luck might change for the better.
- C. Jane would rather have some time on her own.
- D. Jane was going to be punished by Miss Temple.

(2) Which of the following is TRUE about Jane according to the passage? A

- A. She chose to trust Miss Temple.
- B. She didn't mind being accused.
- C. She made up her childhood story.
- D. She once behaved as a bad girl.

(3) Which of the following words can best describe Miss Temple? C

- A. Ungenerous.
- B. Impatient.
- C. Thoughtful.
- D. Forgetful.

【答案】BAC

【分析】本文主要讲了坦普尔小姐和简的故事。

【解答】(1) 词句猜测题。根据第三段 Some heavy clouds, swept from the sky by a rising wind, had left the moon bright; and her light, coming in through a window near, shone full both on us and on the coming person, Miss Temple. (一阵渐起的风吹散了乌云，月亮变得很明亮。她的亮光从附近的窗户射进来，把我们和即将到来的坦普尔小姐都照得清清楚楚。) 本段用明亮的天气暗示了简的日子也会明亮起来，因此猜测出这句话暗示了简的运气可能会变好。故选 B。

(2) 细节判断题。根据最后一段 Having thought for a few minutes about where to start, I told her all the story of my sad childhood. (想了一会儿从哪儿开始，我告诉她我悲伤童年的所有故事) 因此判断简选择信任坦普尔小姐是正确的。故选 A。

(3) 推理判断题。根据第十段 We shall think you what you prove yourself to be, my child. Continue to act as a good girl, and you will satisfy us. (我们会根据你的表现来判断你的，我的孩子。继续做个好女孩，我们会满意的。) 据此推断 Temple 女士是体贴的。故选 C。

18. (6分) ChatGPT, a powerful AI (artificial intelligence 人工智能) chatbot tool, has swept the world in the past few months. The tool is an AI chatbot system that was created by OpenAI company in America and went public in November 2022. ChatGPT can remember the topic of your conversation, answer your questions and write stories and any other written texts you can think of. It gets its answers from a great deal of information on the Internet.

You can ask ChatGPT anything, like explaining physics, asking for birthday party ideas and getting programming (编程) help. Perhaps it's not smart enough to complete everything humans can do yet, but it can be creative, and its answers can sound completely correct. A few days after its coming, more than 1 million people were trying out ChatGPT. It is reported that ChatGPT reached 100 million users in 2 months, while it took TikTok about 9 months to reach 100 million users and Instagram spend two and a half years reaching it.

ChatGPT is free to use at the moment because it is still in its research process (过程). But when too many people flood onto the server (服务器), it is crowded with too many users and can't deal with your needs. It just means you should try visiting the website at a later time when fewer people are trying to enter it. If you wouldn't like to wait, there is a good choice for you. Up to February, 2023, OpenAI has another product, ChatGPT Plus, which allows users to join the server quickly even during the rush hour of Network. This service does come at a cost of \$20 per month.

However, Google has an advantage over ChatGPT. ChatGPT is an artificial intelligence robot that can solve your problems, while Google is a search engine, and on it you can search for as much information as possible. ChatGPT has fixed knowledge because of its programming but Google has up-to-date knowledge every day.

(1) Why does the writer list figures (列数字) in Paragraph 2? A

- A. To show that ChatGPT is very popular.
- B. To show that ChatGPT is very expensive.
- C. To show that ChatGPT is very creative.
- D. To show that ChatGPT is very helpful.

(2) What is ChatGPT Plus designed for? D

- A. Guiding users to experience free services.
- B. Allowing users to visit the website later.
- C. Helping users write their stories.
- D. Offering users a chance to visit the website quickly.

(3) What is the disadvantage of ChatGPT compared with Google? C

- A. It works on fixed numbers.
- B. It takes more time to search for information.
- C. It doesn't have the latest knowledge.
- D. It may provide wrong answers to questions.

【答案】ADC

【分析】本文讲述了 ChatGPT 是一个强大的人工智能聊天机器人工具。

【解答】(1) 细节推理题。根据第二段 A few days after its coming, more than 1 million people were trying out ChatGPT. It is reported that ChatGPT reached 100 million users in 2 months, while it took TikTok about 9 months to reach 100 million users and Instagram spend two and a half years reaching it. (在它问世几天后, 超过 100 万人在试用 ChatGPT。据报道, ChatGPT 在 2 个月, 而 TikTok 花了大约 9 个月的时间才达到 1 亿用户, Instagram 花了两年半的时间。) 可知, 作者在第 2 段中列出数字是为了表明 ChatGPT 非常受欢迎。故选 A。

(2) 细节理解题。根据第三段 Up to February, 2023, OpenAI has another product, ChatGPT Plus, which allows users to join the server quickly even during the rush hour of Network. (截至 2023 年 2 月, OpenAI 另一种产品, ChatGPT Plus, 它允许用户即使在网络高峰时段也能快速加入服务器。) 可知, ChatGPT Plus 的设计目的是为用户提供快速访问网站的机会。故选 D。

(3) 细节理解题。根据第四段 ChatGPT is an artificial intelligence robot that can solve your problems, while Google is a search engine, and on it you can search for as much information as possible. ChatGPT has fixed knowledge because of its programming but Google has up-to-date knowledge every day. (ChatGPT 是一个可以解决你的问题的人工智能机器人, 而谷歌是一个搜索引擎, 你可以在它上面搜索尽可能多的信息。由于它的编程, ChatGPT 拥有固定的知识, 但谷歌每天都有最新的知识。) 可知, 与谷歌相比, ChatGPT 的缺点是它没有最新的知识。故选 C。

19. (8 分) Growing up in Zanzibar, Tanzania, Abdulrazak Gurnah never considered the possibility that he might one day be a writer. "It wasn't something you could say 'I want to be a writer.' as you were growing up." He thought he would become "something useful, like an engineer". However, Gurnah, 72, was awarded the Nobel Prize in Literature in 2021. He is the first black writer to receive the prize since Toni Morrison in 1993, and the first African to win the award in more than ten years.

In 1964, Gurnah had to escape to England at the age of 18 because of a violent uprising (暴力起义). Miserable, poor, homesick, he began to write short passages

about home in his diary, then longer articles, then stories about other people. The habit of writing to understand and record his hard life eventually made him complete the first novel, and then nine more.

Gurnah's first language is Swahili, but he used English as his literary language, with his prose (散文) often influenced by works of Swahili, Arabic and German. He drew on the imagery and stories from the Quran, as well as from Arabic and Persian poetry, especially "The Arabian Nights". A novelist described his prose as being like a gentle knife slowly moving in. "He is writing stories that are often quiet stories of people who aren't heard, but there's an insistence there that we listen," the novelist said. A director from Nigeria said that she expected the Nobel Prize would draw a larger audience for Gurnah on the African continent, where his work is not very widely known, and that she hoped his historical fiction might encourage younger generations to think more carefully and deeply about their countries' pasts.

Though Gurnah hasn't lived in Tanzania since he was a teenager, the country continues to give Gurnah the ideas for creating. "You don't have to be there to write about a place," he said. "It's all in the fiber of everything you are." He also said that his homeland always asserts (积极表达) himself in his imagination.

(1) What can we learn about Gurnah? D

- A. He is the first African to win the award.
- B. He writes his novels in Swahili and English.
- C. He spends most of his life in Tanzania.
- D. His homeland has a big influence on him.

(2) Which of the following words is suitable to describe Gurnah's works? D

- A. Simple.
- B. Exciting.
- C. Common.
- D. Powerful.

(3) What does the underlined word "fiber" mean in this passage? C

- A. A material used to make rope or cloth.
- B. Something helping people keep health.
- C. A tiny piece that forms parts of the body.
- D. A strong feeling that really wants something.

(4) The news story is most probably written to B

- A. make readers take pity on the people in Africa
- B. introduce Gurnah as the winner of Nobel Prize
- C. attract more people to know about Africa's pasts
- D. encourage more people to read Gurnah's works



【答案】DDCB

【分析】本文主要介绍了诺贝尔文学奖得主阿卜杜勒拉扎克·格尔纳。

【解答】(1) 推理判断题。根据最后一段 *Though Gurnah hasn't lived in Tanzania since he was a teenager, the country continues to give Gurnah the ideas for creating. "You don't have to be there to write about a place," he said. "It's all in the fiber of everything you are." He also said that his homeland always asserts (积极表达) himself in his imagination.* (虽然格尔纳从十几岁起就没有在坦桑尼亚生活过,但这个国家继续给格尔纳提供创作的灵感。"你不必亲自到那里去写一个地方,"他说。"这一切都在你身体里。"他还说,他的祖国总是在他的想象中积极表达自己。)可推知,他的祖国对他有很大的影响。故选 D。

(2) 推理判断题。根据第三段 *A novelist described his prose as being like a gentle knife slowly moving in.* (一位小说家形容他的散文就像一把温柔的刀慢慢插进来。)可推知,他的作品充满了力量。故选 D。

(3) 词义猜测题。根据最后一段 *"You don't have to be there to write about a place," he said. "It's all in the fiber of everything you are."* ("你不必亲自到那里

去写一个地方，"他说。"这一切都存在于你的身体里。")结合选项可知，**fiber**是指"组成身体各部分的一小块"。故选 C。

(4) 主旨大意题。根据第一段 **However, Gurnah, 72, was awarded the Nobel Prize in Literature in 2021. He is the first black writer to receive the prize since Toni Morrison in 1993, and the first African to win the award in more than ten years.** (然而，72 岁的格尔纳在 2021 年获得了诺贝尔文学奖。他是继 1993 年托尼·莫里森之后首位获得该奖项的黑人作家，也是十多年来首位获得该奖项的非洲人。)以及通读全文可知，本文主要介绍了诺贝尔文学奖得主阿卜杜勒拉扎克·格尔纳。故选 B。

四、词汇运用（本大题共 8 小题，每小题 1 分，共 8 分）

20. (1 分) We won't realize how much health matters (要紧) to us until we lose it.

【答案】matters

【分析】直到失去健康，我们才会意识到健康对我们有多重要。

【解答】需要填入的是宾语从句谓语，需要用一般现在时，从句的主语是 **how much health**，不可数名词，看作第三人称单数，因此所填动词是 **matters**。

故答案为：matters。

21. (1 分) You can undoubtedly (无疑) enter the ideal high school through your hard work in the following months.

【答案】undoubtedly

【分析】在接下来的几个月里，通过你的努力，你毫无疑问能进入理想的高中。

【解答】无疑，英语表达是：**undoubtedly**，副词，修饰动词 **enter**。

故答案为：undoubtedly。

22. (1 分) Soft music is often played at some malls to create (创造) a relaxing shopping environment.

【答案】create

【分析】一些商场经常播放柔和的音乐，创造一个轻松的购物环境。

【解答】根据提示"创造"可知，这里不定式 **to** 后跟动词原形 **create**。

故答案为：create。

23. (1分) Ahead of President Xi's visit to European countries, Washington asked European countries to be "with us, or against (反对) us. "

【答案】见试题解答内容

【分析】在习近平主席访问欧洲国家之前，华盛顿要求欧洲国家"与我们站在一起，否则就与我们作对".

【解答】反对 against, 介词；根据句意"在习近平主席访问欧洲国家之前，华盛顿要求欧洲国家"与我们站在一起，否则就与我们作对""可知，要用介词 against.

故答案为 against.

24. (1分) The government agrees that the wealthier (wealth) people are, the more income taxes they may have to pay.

【答案】wealthier.

【分析】政府同意，越富有的人，他们可能需要缴纳的所得税就越多。

【解答】wealth 财富，名词。这里是 the+比较级...the+比较级..."越...就越..."的结构。修饰名词 people 用形容词 wealthy 的比较级 wealthier"更富有的".

故答案为：wealthier。

25. (1分) Though my grandpa is in his nineties (ninety), he is still in good condition.

【答案】nineties

【分析】虽然我爷爷已经九十多岁了，但他的身体状况仍然很好。

【解答】固定短语"in one's +基数词复数"意为"在某人几十岁时"，故应用基数词 ninety 的复数形式 nineties。

故填：nineties。

26. (1分) While I'm walking in the woods, I like the feeling (Feel) of peace and quiet.

【答案】feeling

【分析】当我走在树林里时，我喜欢那种宁静的感觉。

【解答】feel 感觉，是动词；feeling 感觉，是可数名词。根据句意和空格前面

的 the 可知,表示某种特定的"感觉",用单数形式,作宾语。

故答案为: feeling。

27. (1分) The students were completely (complete) out of control after their teacher left the classroom.

【答案】 completely

【分析】 老师离开教室后,学生们完全失去了控制。

【解答】 根据题干,可知是指老师离开教室后,学生们完全失去了控制。此处是副词 completely,完全地,修饰动词 were。

故答案为: completely。

五、 动词填空 用括号内所给动词的适当形式填空,并将答案写在答题卡对应题号的横线上。(本大题共 8

28. (1分) - Look! The whole team are over the moon now.

- Exactly. You know they won (win) the championship of this season.

【答案】 won

【分析】 一看!整个团队现在都欣喜若狂。

——没错。你知道他们赢得了这个赛季的冠军。

【解答】 根据 The whole team are over the moon now. Exactly. (整个团队现在都欣喜若狂。没错。)可知指"你知道他们赢得了这个赛季的冠军",用一般过去时, win 的过去式是 won。

故填: won。

29. (1分) Beijing is the first country in the world to hold (hold) both Summer Olympics and Winter Olympics.

【答案】 to hold

【分析】 北京是世界上第一个同时举办夏季奥运会和冬季奥运会的国家。

【解答】 根据题干,可知是指北京是世界上第一个同时举办夏季奥运会和冬季奥运会的国家。此处是不定式作后置定语。

故答案为: to hold。

30. (1分) It's a long time! He can't remember when this picture was taken (take) in Turtle Head Isle.

【答案】 was taken

【分析】 很久了！他不记得这张照片是什么时候在龟头岛拍的。

【解答】 根据句意，可知拍摄照片的动作是发生在过去，因此时态用一般过去时，且主语 picture 和谓语动词 take 之间是被动关系，所以要用被动语态；一般过去时的被动语态结构为 was/were+动词的过去分词；主语是单数，用 was，take 的过去分词是 taken。

故填：was taken。

31. (1分) Controlling the moods can prevent us from doing something we will regret (regret) later on.

【答案】 will regret

【分析】 控制情绪可以防止我们做一些以后会后悔的事情。

【解答】 根据题干，可知是指控制情绪可以防止我们做一些以后会后悔的事情。根据从句中的 later on"以后"可知，从句时态为一般将来时态，其构成是：will+do。

故答案为：will regret。

32. (1分) Taking notes in class is a good way to avoid forgetting (forget) important knowledge, boys.

【答案】 forgetting

【分析】 男孩们，上课记笔记是避免忘记重要知识的好方法。

【解答】 avoid doing sth.避免做某事，所以填动名词 forgetting。

故答案为：forgetting。

33. (1分) I seldom drink black coffee because it hurts (hurt) my stomach.

【答案】 hurts

【分析】 我很少喝清咖啡，因为它伤我的胃。

【解答】 根据已经给出的动词 drink 可知，句子是一般现在时，表示"陈述客观事实"，原因状语从句也要用一般现在时。此时主语是第三人称单数，因此填入 hurt。

故答案为：hurts。

34. (1分) - - - You seemed busy just now. Have you got a minute now, sir?

- - - Sure.I was replying (reply) to an important e-mail.It's done.

【答案】was replying

【分析】- - - 你刚才似乎很忙先生。你现在有时间吗？

- - - 当然。我正在回复一封重要的电子邮件。已经完成了。

【解答】reply 回复，回应，是动词。根据句意可知，是描述过去某个时间正在做某事，要用过去进行时，其构成为 was/ were doing，主语是 I，用 was。
故答案为：was replying。

35. (1 分) I couldn't remember the fairy story I wanted to tell her, so I made
(make) one up.

【答案】made

【分析】我记不起我想给她讲的童话故事了，所以我编了一个。

【解答】根据过去式 wanted 可知，一般过去时态，谓语动词用 make 的过去式 made。
故答案为：made。

六、阅读填空 先通读下面的短文，然后根据短文内容，在文章后表格的空格内填入一个最恰当的单词。所填单词必须写在答题卡对应题号的横线上。每个空格只能填一个单词。

36. (5 分) 先通读下面的短文，然后根据短文内容，在文章后表格的空格内填入一个最适当的单词。所填单词必须写在答题卡对应题号的横线上。每个空格只能填一个单词。

Procrastination (拖延) has influenced human beings for centuries.It is the act of delaying a task.It prevents you from following what you start to do.

Why do we procrastinate? The best way to understand is to imagine that you have two selves: Present Self and Future Self.Researchers have found that the Present Self and the Future Self are seldom in agreement with each other.The Future Self wants to be slim and fit, butt the Present Self wants a hamburger.

There are different ways to stop procrastinating.You can make the rewards of taking action happen at once.You can bring future rewards into the present moment.For example, only listen to audiobooks you love while exercising or only watch your favourite show while doing tiring housework.

Secondly, make the results of procrastination more direct. Make yourself pay the costs of procrastination sooner in many ways. If you exercise by yourself, missing once won't influence your life much at all. However, if you promise to exercise with a friend, the cost of missing it becomes higher. It means you have to break a promise.

Another popular tool is to design your future actions. You can control your future eating habits by buying food in small packages rather than in the large size. You can stop wasting time on your phone by deleting (删除) games or social media apps.

Lastly, use the two - minute rule to start a new habit. "When you start a new habit, it should take less than two minutes to finish." The idea is to make it as easy as possible to get started and then trust that momentum (动力) will carry you further into the task after you begin.

	Ways to Stop Procrastination
What	Procrastination is the act of delaying a task.
Why	It is said that the Present Self and the Future Self can't (1) <u>reach</u> an agreement.
How	<p>Make the rewards of taking action happen at once. For example, you can do (2) <u>what</u> you love to do while doing tiring work.</p> <p>Make the results of procrastination more direct. You can promise to exercise with a friend (3) <u>instead</u> of exercising by yourself.</p> <p>Design your future actions, like controlling your future eating habits by buying food in small packages or (4) <u>saving</u> more time on your phone by deleting some unnecessary apps.</p> <p>Make the task much (5) <u>easier</u> to finish. You can use the two - minute rule which carries you further into the task after you begin.</p>

【答案】(1) reach (2) what (3) instead (4) saving (5) easier

【分析】本文主要介绍了拖延症的形成原因及治疗方法。

【解答】(1) 考查动词。根据 **Researchers have found that the Present Self and the Future Self are seldom in agreement with each other.**（研究人员发现，现在的自我和未来的自我很少是一致的。）可知，现在的自我和未来的自我无法达成一致。情态动词后面跟动词原形，故填 **reach**。

(2) 考查疑问词。根据 **There are different ways to stop procrastinating. You can make the rewards of taking action happen at once. You can bring future rewards into the present moment. For example, only listen to audiobooks you love while exercising or only watch your favourite show while doing tiring housework.**（有不同的方法可以停止拖延。你可以立即获得行动的回报。你可以把未来的奖励带到现在。例如，锻炼时只听你喜欢的有声读物，或者做累人的家务时只看你喜欢的节目。）可知，你可以在做累人工作的同时做你喜欢做的事情。特殊疑问句做宾语从句，用特殊疑问词做连接词，故填 **what**。

(3) 考查副词。根据 **However, if you promise to exercise with a friend, the cost of missing it becomes higher.**（然而，如果你答应和朋友一起锻炼，错过锻炼的代价就会更高。）可知，你可以答应和朋友一起锻炼，而不是自己锻炼。**instead of** 而不是，固定搭配，故填 **instead**。

(4) 考查动名词。根据 **You can control your future eating habits by buying food in small packages rather than in the large size. You can stop wasting time on your phone by deleting (删除) games or social media apps.**（你可以通过购买小包装而不是大包装的食物来控制你未来的饮食习惯。您可以通过删除游戏或社交媒体应用程序来停止在手机上浪费时间。）可知，你可以通过购买小包装的食物来控制你未来的饮食习惯，或者通过删除一些不必要的应用程序来节省更多的手机时间。**or** 表示并列关系，介词后面应跟动名词，故填 **saving**。

(5) 考查形容词比较级。根据 **"When you start a new habit, it should take less than two minutes to finish. " The idea is to make it as easy as possible to get started and then trust that momentum (动力) will carry you further into the task after you begin.**（"当你开始一个新习惯时，应该用不到两分钟的时间来完成。"这样做的目的是让你尽可能容易地开始，然后相信在你开始之后，这种动力会

让你更深入地完成任务。)可知,你可以使用两分钟规则,在你开始工作后,这会让你更深入地完成任务。这会使任务更容易完成。**much** 常放在比较级前,表示程度,故填 **easier**。

七、完成句子 按所给的汉语,用英语完成下列句子,并将答案写在答题卡对应题号的横线上。(本大题 共 6 小题;每小题 1.5 分,共 9 分)

37. (1.5 分) 前几天抖音宣布会采取措施来保护用户信息安全。

The other day TikTok announced it would take action to protect the safety of user information.

【答案】 would take action to protect

【分析】 前几天抖音宣布会采取措施来保护用户信息安全。

【解答】 根据时间状语可知,此处用过去将来时,其结构是 **would+动词原形**;短语 **take action to do sth.**"采取行动去做某事"; **protect**"保护",是动词。

故答案为: **would take action to protect**。

38. (1.5 分) 你能告诉我你怎样和同龄人和睦相处吗?

Could you tell me how you get along/ on well with people of your age ?

【答案】 how you get along/ on well with people of your age

【分析】 你能告诉我你怎样和同龄人和睦相处吗?

【解答】 告诉 **tell**, 是动词,在情态动词 **could** 后面用动词原形;我 **me**, 人称代词宾格,作宾语;告诉某人某事 **tell sb.sth.**, **tell** 后面跟双宾语;怎样 **how**, 引导宾语从句;和某人和睦相处 **get along/ on well with sb.**; 同龄人 **people of one's age**, 是名词短语。根据句意和主句是一般现在时可知,宾语从句也是一般现在时,主语是 **you**, 谓语用动词原形;宾语从句用陈述语序。

故答案为: **how you get along/ on well with people of your age**。

39. (1.5 分) 因为油即将耗尽,所以他们将被迫缩短行程。

The oil is running out, so they will be forced to cut short their trip .

【答案】 will be forced to cut short their trip

【分析】 因为油即将耗尽,所以他们将被迫缩短行程。

【解答】 分析句子可知,本句为 **so** 引导的并列复合句,结合"**The oil is running out**"可知,此处用一般将来时, **force sb to do sth**"强迫某人做某事";结合句意

可知，主语 **they** 与动词 **force** 之间构成被动关系，用 **be forced to do** 结构，句子为一般将来时，因此此处用 **will be forced; cut short** "缩短"；**their trip** "他们的行程"。

故答案为：**will be forced to cut short their trip**。

40. (1.5 分) 看，你的卧室完全一团糟，快收拾好。

Look! Your bedroom is in a mess. Please tidy it up.

【答案】is in a mess

【分析】看，你的卧室完全一团糟，快收拾好。

【解答】be in a mess 乱七八糟，一团糟；本句为一般现在时态，主语 **your bedroom**，是单数第三人称，**be** 动词用 **is**。

故答案为：**is in a mess**

41. (1.5 分) 这档脱口秀太无聊了，不值得看。

The talk show is so boring that it isn't worth watching.

【答案】boring that it isn't worth watching

【分析】这档脱口秀太无聊了，不值得看。

【解答】boring 无聊的，烦的，形容词，作表语；**so...that...** 如此……以至于……；**be worth doing sth.** 值得做某事；看脱口秀用 **watch**，根据句中的 "is" 知：本句是一般现在时态。**it** 代指 **the talk show**。

故答案为：**boring that it isn't worth watching**

42. (1.5 分) 人非产品，不可能人人皆达到标准。

Unlike products, it seems impossible for everyone to meet the standards.

【答案】to meet the standards

【分析】人非产品，不可能人人皆达到标准。

【解答】句型 **it seems impossible for sb. to do sth.** "对某人来说做某事似乎是不可能的"，**it** 是形式主语，**to do sth.** 是不定式作真正的主语；**meet the standards** "达到标准"。

故答案填：**to meet the standards**。

八、书面表达（本大题共 20 分）

43. (20 分) 世界卫生组织和联合国儿童基金会将生活技能 (life skills) 作为全

球青少年儿童发展的重要主题之一。请根据图中提示写一篇英语短文，描述作为青少年，应该提高哪些及如何提高自己的生活技能。除了提示中的内容，请你至少再补充一条。

注意：

- 1.文中不得出现你的真实姓名和学校名称；
- 2.表达清楚，语句通顺，意思连贯，书写规范；
- 3.词数不少于 100。文章的开头已为你写好，不计入总词数。

Life skills are necessary for us. What life skills should we teenagers develop ?
And how? Here is
my opinion. _____



【答案】 Life skills are necessary for us .What life skills should we teenagers develop ? And how ? Here is my opinion .

First , we should try our best to keep healthy .It's a good idea to keep a balanced diet and take daily exercise .And be happy every day .Second , working with others is important .Sometimes , we need to work as a team .When communicating with others , try to understand them .Third , solve problems in different ways .We should be able to find out the solutions alone or with others .Besides , learn to manage time .We can make a list of things that we need to do every morning .Get up early and never be late for school .Finally , learn some basic skills , such as cooking .We can ask our family for help or search the Internet .

All in all , if we try our best to improve these life skills , we will lead a happier and healthier life.

【分析】【高分句型一】:

Sometimes , we need to work as a team .有时候, 我们需要团队合作。need to do sth 表示需要做某事。

【高分句型二】:

All in all , if we try our best to improve these life skills , we will lead a happier and healthier life.总而言之, 如果我们尽力提高这些生活技能, 我们将过上更幸福、更健康的生活。try one's best to do sth 表示尽力做某事。

【解答】Life skills are necessary for us .What life skills should we teenagers develop ? And how ? Here is my opinion . (引出话题)

First , we should try our best to keep healthy .It's a good idea to keep a balanced diet and take daily exercise .And be happy every day .Second , working with others is important .Sometimes , we need to work as a team .**【高分句型一】**When communicating with others , try to understand them .Third , solve problems in different ways .We should be able to find out the solutions alone or with others .Besides , learn to manage time .We can make a list of things that we need to do every morning .Get up early and never be late for school .Finally , learn some basic skills , such as cooking .We can ask our family for help or search the Internet . (具体介绍如何提高自己的生活技能。)

All in all , if we try our best to improve these life skills , we will lead a happier and healthier life. **【高分句型二】** (结束语)