

七年级上册英语 Unit 6 《Food and lifestyle》单元测试卷

班级：_____ 姓名：_____ 学号：_____

(考试时间：60 分钟 试卷满分：100 分)

听力部分

一、听短对话选答案

1. What does Lisa usually have for dinner?

- A. Hamburgers. B. Vegetables. C. Noodles.

2. A. Fish and bread. B. Tofu and chicken. C. Fish and tofu.

3. What drink does woman drink?

- A. Milk. B. Coffee. C. Tea.

4. What does the man think of Chongqing hot pot?

- A. Delicious. B. Hot. C. Healthy.

5. How much water should the boy drink a day?

- A. Six cups. B. Eight cups. C. Eighteen cups.

二、听长对话选答案

听下面一段对话，回答两个小题。

6. Where kind of noodles would the man like?

- A. Tomato noodles. B. Beef noodles. C. Mutton noodles.

7. Who size would the man like?

- A. Large. B. Medium. C. Small.

听对话，完成以下各小题。

8. Does Lily like noodles?

- A. Yes, she does. B. No, she doesn't. C. We don't know.

9. How many times does Lily eat noodles a week?

- A. Three times. B. Four times. C. Five times.

10. What kind of noodles does Lily like?

- A. Beef noodles. B. Chicken noodles. C. Cabbage noodles.

三、听短文选答案

听短文，回答下列小题。

11. How can we enjoy our happy life?

- A. Save food. B. Eat healthily. C. Both A and B.
12. What shouldn't we do in a restaurant according to the passage?
- A. We shouldn't order too much food.
B. We shouldn't speak loudly.
C. We shouldn't have bad table manners.
13. What should we do in a restaurant?
- A. Pay for ourselves after eating.
B. Eat up the food in the bowls.
C. Respect the waiters while eating.
14. How many rules are mentioned in order to save food?
- A. Two. B. Three. C. Four.
15. How can we eat healthily?
- A. Eat a balanced diet. B. Eat more food a day. C. Eat in a good restaurant.

笔试部分

四、单项选择

16. _____ the teachers in their school is about 200 and one fourth of them are _____ teachers.
- A. A number of; women B. A number of; woman
C. The number of; women D. The number of; woman
17. Our school has changed a lot. It looks _____ than before.
- A. more many beautiful B. more much beautiful
C. many more beautiful D. much more beautiful
18. Nobody thought it was easy to finish so much work in _____.
- A. two days' time B. two-days time
C. two day's time D. two days time
19. Look! These are _____.
- A. me two rulers B. a ruler C. two ruler D. two rulers
20. Every time my friends come over to my home, my mother makes dumplings _____.
- A. for treat B. for a treat C. as treat D. as a treat
21. There _____ some milk and two apples on the table.
- A. are B. is C. am D. be
22. The man with a pair of _____ drank two _____ of coffee.

A

Hi! I'm Mr. Cool. The Noodle House has really good noodles, they are cheap and they're great! You can get small, medium, or large bowls of noodles. The Noodle House has some great specials. Special A has beef and tomatoes and is only RMB 5. Special B has mutton and cabbage. It is RMB 6. And Special C comes with chicken and carrots. It's RMB 7. Special C is my favorite. You can get some other great food at the Noodle House. For example, you can get 16 dumplings for RMB 10. You can get great desserts! You can get strawberry, banana and chocolate ice creams. They're all nice!

Come and try the food in Noodle House! It's open from 8:00 a.m. to 8:30 p.m. every day.

36. How are the noodles in the Noodle House?

- A. They are cheap.
- B. They are cheap and great.
- C. They are great.
- D. They aren't cheap and great.

37. How much is Special A?

- A. RMB 5.
- B. RMB 6.
- C. RMB 7.
- D. RMB 10.

38. What kind of noodles is Mr. Cool's favorite?

- A. Beef and tomato noodles.
- B. Mutton and cabbage noodles.
- C. Chicken and carrot noodles.
- D. Chicken and tomato noodles.

39. What can't you get in the noodle house?

- A. Noodles.
- B. Desserts.
- C. Ice creams.
- D. Apple juice.

40. When can you eat in the Noodle House?

- A. 6:00 a.m.
- B. 7:00 a.m.
- C. 8:00 p.m.
- D. 9:00 p.m.

B

When you and your family go out for dinner, do you notice how many dishes you usually order? It's OK if you finish all of them. But if you waste too much food, you need to pay for it.

Last year, China's top legislature (立法机关) reviewed (审议) a draft law (法律草案) for stopping food waste for the first time. In general, a draft will become law after the top legislature reviews it three times.

According to the draft law, restaurants should tell customers not to order too much. If customers leave too much food uneaten, restaurants can charge (收费) them for food waste. The law also bans (禁止) waiters from encouraging people to order too much food. Some restaurants may use the "N-1" mode for people to order dishes. "N" stands for the number of persons at a table. So if there are six people at your table, you should order just five dishes, which can help people control the amount of dishes in a proper way.

The draft law also asks schools to teach their students to avoid food waste. It also bans TV programs

about overeating and overdrinking. Producers of such programs will face a fine of up to 100,000 yuan.

Food waste happens in many places and has long been a big problem around the world. We need to obey the law and refuse to waste food.

根据材料内容选择最佳答案。

41. If customers waste too much food, they _____.

- A. need to pay some money for it B. need to say sorry about it
C. can't enter the restaurant again D. can leave the restaurant for free

42. According to the "N-1" mode, if 9 persons plan to eat in the restaurant, they need to order _____ dishes.

- A. 7 B. 8 C. 9 D. 10

43. Which is NOT true according to the passage?

- A. Students should avoid food waste at school.
B. Programs about overeating will be allowed on TV.
C. Food waste has been a big problem all over the world.
D. Waiters can't encourage people to order too much food.

44. You may read the passage in _____.

- A. a storybook B. a guidebook C. an advertisement D. a newspaper

45. What does the passage mainly talk about?

- A. Harm of food waste. B. Importance of healthy food.
C. Law to stop food waste. D. Advantages of stopping food waste.

七、用所给单词的正确形式填空

46. Mooncakes carry people's _____ (wish) to the families they love and miss.

47. Yao Ming had many great _____ (achieve) in his career.

48. They often meet and share their _____ (think), feelings and experiences.

49. We must do lots of _____ (exercise) in class and take lots of _____ (exercise) after class.

50. I'll mop if you do the _____ (dish).

51. I think all your _____ (suggest) are very important and helpful to us.

52. The whole world is surprised at many _____ (achieve) of China these years.

53. He made several _____ (speak) in Beijing last month.

54. The writer wrote more than 20 _____ (novel) in the 1990s.

55. There are many _____ (bathroom) in White House.

八、完成句子

56. He is _____.

与其说他聪明，不如说他幸运。

57. 如果战争继续，我们每个人都会担心自己的生命安全。

If the war continues, we will all live _____.

58. 两年后他患癌症而亡。

He _____.

59. 他对绘画极有天赋，他的作品得到了老师们的高度赞扬。

He has a real _____ for painting, and his works have won high _____ from the teachers.

60. 每年的国庆节庆祝活动简直就是欢腾的海洋。

Every year, the National Day _____ the sea of happiness.

九、书面表达

61. 过去的一年，全国上下抗击疫情，教育部发出“停课不停学”的号召，鼓励中小学生学习。但长时间观看电脑或手机，缺乏户外锻炼的机会，影响视力和身心健康。

假如你是 Lin Hui，请从以下三个方面说明在这个特殊时期你是如何保持健康的。

Exercise:	Do eye exercises, do body building exercise (健身操)	Not go out to play because of the epidemic (疫情)
Eating habits:	Eat healthy food	Not eat too much meat
Mood(情绪):	Be happy. (make myself relax by listening to music or chatting with my friends)	Not be scared the epidemic. Not be angry.

要求：1.字迹工整，表达清楚，语法正确。

2.要点必须包括所有相关结息。并作出适当发挥。

总词数：80 -100 词。首句已给出，不计入总词数。Hello! I'm Lin Hui. Let me introduce my habits.

参考答案

一、听短对话选答案

1、 B

【原文】

M: Do you have hamburgers for dinner, Lisa?

W: No, it's not healthy. I usually have vegetables for dinner.

2、 B

【原文】

W: What's your favorite food, John?

M: Fish and bread. How about you and your brother, Li Mei?

W: I'm from Sichuan, China. So I like Tofu and chicken. My brother likes fish and beef.

Question: What does Li Mei like eating?

3、 C

【原文】略

4、 A

【原文】略

5、 B

【原文】

M: Mum, I'm a bit thirsty.

W: Drink some water. Didn't you drink any water at school?

M: I was too busy to drink any water.

W: You should drink eight cups of water a day.

M: OK, Mum. I'll try to start drinking water during breaks.

W: Good. Drinking enough water is good for your health.

二、听长对话选答案

6. C

7. A

【原文】

A: Good afternoon! May I take your order?

B: Yes. I'd like some noodles. What kind of noodles do you have?

A: We have tomato noodles, mutton noodles and beef noodles.

B: OK! I'd like one bowl of mutton noodles.

A: Sure. What size would you like?

B: Oh, a large bowl, please.

A: OK! Please wait a moment.

B: All right.

8. A

9. C

10. A

【原文】略

三、听短文选答案

11-15. C A B B A

【原文】

Hello, everyone. People live on food. We should save food and eat healthily, so that we can enjoy our happy life. But wasting food is happening around us. We shouldn't waste food. Then, what should we do in our daily lives in order to save food?

First, don't order a lot in a restaurant. If we cannot eat all the food, take the rest home. Second, we shouldn't leave any food in our bowls while having meals. Third, we should only buy what we need. Don't buy too many things at a time.

To eat healthily, we'd better eat less junk food. It's good for us to eat a balanced diet. We'd better not often eat in the restaurants. We should eat at school or at home more often.

四、单项选择

16. C

【详解】

句意：在他们学校老师的数量大约是 200，且其中的四分之一是女老师。

考查短语和名词复数。“the number of+名词复数”意为“……的数量”，作主语谓语动词用单数形式，“a number of+名词复数”意为“大量的”，作主语谓语动词用复数形式；根据句意及谓语动词是单数 is 可知，第一空用 the number of；又因为一般情况下名词作定语修饰名词时，第一个名词要用单数，但是若 man 或者 women 作定语时，man 和 woman 的单复数根据被修饰的名词的单复数而定，根据第二空后的 teachers 可知，用复数，即 women teachers，故选 C。

17. D

【详解】

句意：我们学校改变了很多。它看起来比以前漂亮多了。

考查形容词比较级。根据“than”可知，本题要用比较级，beautiful 是多音节词，其比较级是 more beautiful；表示漂亮多了，用 much 修饰比较级，因此是 much more beautiful。故选 D。

18、A

【详解】

句意：没人认为在两天的时间内完成这么多工作是容易的。

考查名词所有格。根据语境可知，此处指“两天的时间”，可用“基数词+复数名词的所有格+名词”；也可以用复合名词，基数词和名词之间要有连字符隔开，且名词只能用单数形式；据此，排除选项 BCD；这里表示“两天的时间”用 two days' time，故选 A。

19、D

【详解】

句意：看！这些是两把尺子。

考查名词。因为句子的主语是复数，所以表语也应该用复数形式。me 不能作定语，故排除 A；故选 D。

20、D

【详解】

句意：每次我的朋友来我家，我妈妈都会包饺子款待。

考查介词短语辨析。treat 作动词表示以...方式对待，treat as 把...看作；用作名词表示款待，as a treat 作为款待。根据上文 my friends come over to my home 朋友来我家，可知妈妈都会包饺子款待，故选 D。

21、B

【详解】

句意：桌子上有一些牛奶和两个苹果。

考查主谓一致。There be 句型中 be 动词的单复数形式由后面的名词所决定，如果是多个名词，要根据“就近原则”来判断，本题中离 be 动词近的词是 milk，是不可数名词，所以 be 动词用 is，故选 B。

22、B

【详解】

句意：那个戴一副眼镜的男人喝了两杯咖啡。glass 杯子；glasses 是 glass 的复数形式；它还有一个意思是眼镜。根据句意可知，第一个空表示一副眼镜，故填 glasses；第二个空表示两杯咖啡，glass 也应应用复数 glasses，故选 B。

23、C

【详解】

句意：——你要多少瓶汽水？——仅要一瓶。

考查与不可数名词连用的量词词组的用法。pop 汽水，是不可数名词，不可数名词和量词连用，量词可以进行单复数的变化，但不可数名词不变；由“how many+可数名词的复数”可知，bottle 应该用复数形式。故选 C。

24、C

【详解】

glass 和 cup 是可数名词，两杯应用复数形式，因此 A、B 错误；tea 是不可数名词，没有复数，故选 C。

25、C

【详解】

句意：他足够富有去为他的父母买足够的礼物。

考查 enough 的用法。enough 足够的，可以做形容词，修饰名词，放在名词的前面；也可以做副词，修饰形容词，放在形容词的后面。故选 C。

五、完形填空

26-30. DCABB 31-35. ACDBC

【分析】本文讲述了食物对人的身体、大脑以及学习等方面的影响。

【解析】

26. 句意：每个人都需要吃的好，如果他或她想要拥有强壮的身体。A 睡觉；B 读书；C 喝；D 吃。根据 Food is very important. “食物是重要的”，可知此处表达每个人都应该“吃得好”，故选 D 项。

27. 句意：我们的大脑也需要一种食物，这种食物就是知识。A 运动；B 锻炼；C 知识；D 肉。根据后文 We begin to get knowledge even when we are very young. 可知此处应选 C 项。

28. 句意：小孩子对他们身边的每件事都感兴趣。A 感兴趣的；B 有趣的；C 虚弱的；D 更好的。分析题干可知此处考查固定短语 be interested in “对……感兴趣”，故答案应选 A 项。

29. 句意：当他们看或听时，他们学到一些东西。A 所有事情；B 一些事情；C 没有事情；D 任何事情。根据语境可知小孩子对所有的事物好奇，并会从中学到一些东西，而并非所有东西，故答案应选 B 项。

30. 句意：当他们长大后，他们开始读故事书、科学书籍等等。A 借出；B 阅读；C 学习；D 写字。根据语境可知此处应意为“阅读”故事书和科学书籍等等，故应选 B 项。

31. 句意：当他们发现新的问题，他们喜欢问问题并且设法弄清答案。A 试图、努力；B 拥有；C 认为，想；D 等待。根据语境可知此处考查固定短语 try to do “设法做某事”，故答案应选 A 项。

32. 句意：获取知识最好的方法是什么？A 地方；B 学校；C 道路、方式、方法；D 道路。根据语境可知此处意思为“方法”，故选 C 项。

33. 句意：如果我们自学，我们会收获最多的知识。A 在……时；在……上；C 和……；C 到……；D

通过、凭借。by oneself 为固定搭配，意为“通过某人自己（的努力）”，故答案应选 D 项。

34. 句意：如果我们总是从别人那得到答案并且不问为什么，我们将永远学不好。分析选项可知本题考查频度副词的用法，A 通常；B 总是；C 经常；D 有时。根据语境可知应选 B 项，且 be always doing 为固定搭配“一直做某事”，故答案应选 B 项。

35. 句意：当我们以正确的方法学习，我们将会学得更多并且理解得更好。A 项为 hard 的比较级“更努力”；B 项作副词意为“非常”，可修饰形容词的比较级；C 项为 good 的比较级，意为“更好”；D 项 well 作副词意为“好”，表示程度；作形容词指“身体好”。根据句中的比较级 more 和语境可知此处应意为“理解得更好”，故答案应选 C 项。

六、阅读单选

36-40. B A C D C

【导语】本文是面馆屋的广告，介绍了面馆的面条种类及特色。

【解析】

36. 细节理解题。根据“The Noodle House has really good noodles, they are cheap and they’re great!”可知，面馆的面条便宜又好吃，故选 B。

37. 细节理解题。根据“Special A has beef and tomatoes and is only RMB 5.” 特色 A 有牛肉和西红柿，只要 5 元。故选 A。

38. 细节理解题。根据“And Special C comes with chicken and carrots. It’s RMB 7. Special C is my favorite.”可知，特色 C 有鸡肉和胡萝卜。特色 C 是 Mr. Cool 的最爱。故选 C。

39. 推理判断题。根据“For example, you can get 16 dumplings for RMB 10. You can get great desserts! You can get strawberry, banana and chocolate ice creams. They’re all nice!”可知，你可以买到饺子，还可以得到很棒的甜点，买到草莓、香蕉和巧克力冰淇淋。结合选项 D“苹果汁”买不到。故选 D。

40. 细节理解题。根据“It’s open from 8:00 a.m. to 8:30 p.m. every day.”可知，营业时间是早上 8 点到晚上 8 点半，所以晚上 8 点可以去。故选 C。

41-45. A B B D C

【分析】本文是一篇说明文。文章主要向我们介绍禁止食物浪费的法律。

【解析】

41. 细节理解题。根据“But if you waste too much food, you need to pay for it.”可知，如果你浪费了太多的食物，你需要为它买单。故选 A。

42. 推理判断题。根据“Some restaurants may use the “N-1” mode for people to order dishes...”可知，一些餐厅可能会使用“N-1”模式让人们点餐。“N”代表就餐人数。如果有 6 个人就餐，你应该只点 5 道菜。那么，9 个人就餐点 8 道菜，故选 B。

43. 推理判断题。根据“It also bans TV programs about overeating and overdrinking.”可知，禁止播放有关暴饮暴食的电视节目。故选 B。

44. 推理判断题。本文主要向我们介绍禁止食物浪费的法律，所以最有可能在报纸上看到，故选 D。

45. 主旨大意题。本文向我们介绍禁止食物浪费的法律，故选 C。

七、用所给单词的正确形式填空

46、wishes

【详解】

句意：月饼把人们的祝福带给他们爱和想念的家人。wish 名词或动词，希望、祝福；wishes 复数形式。此处需要名词复数 wishes。故填：wishes。

47、achievements

【详解】

句意：姚明在事业上有许多伟大的成就。achieve 动词，实现、成功；achievement 名词，成功、成就；many 后跟名词复数 achievements。故填：achievements。

48、thoughts

【详解】

句意：他们经常碰面，分享他们的想法、感情和经历。think 思考，认为，是一个动词。空前 their 是形容词性物主代词，应修饰名词，空后的 feelings 和 experiences 都是复数，故这里应填 thoughts。

49、exercises exercise

【详解】

句意：我们必须在课堂上做大量的练习，课后进行大量的锻炼。exercise 作“练习，演练，操，”可数名词，作“锻炼”讲是不可数名词，结合句意可知答案是 exercises，exercise。

50、dishes

【详解】

句意：如果你洗碗，我就拖地。根据 do the dishes 洗碗；故填 dishes。

51、suggestions

【详解】

suggestions

句意：我认为你所有的建议对我们非常重要而且有帮助。有 all 修饰，故用复数名词，故为 suggestions。

52、achievements

【详解】

句意：全世界对这些年来中国的许多成就感到惊讶。many 后跟可数名词的复数形式，故答案为

achievements。

53、speeches

【详解】

句意：上个月他在北京多次演讲。several 几次，形容词，后接复数名词；根据句意语境和英文提示，可知填 speeches。

54、novels

【详解】

句意：这位作家在 20 世纪 90 年代写了 20 多部小说。基数词 twenty(20)后跟可数名词复数形式，故填 novels。

55、bathrooms

【详解】

句意：白宫里面有很多洗手间。many+可数名词复数形式，所以 bathroom 要用复数。故填 bathrooms。

八、完成句子

56、more lucky than clever 【详解】

根据“is”可知，需要形容词作表语，聪明：clever；幸运：lucky；再者根据固定搭配“与其说……不如说……：more...than...”可知，more lucky than clever 符合句意。故填 more lucky than clever。

57、in fear of our lives

【详解】

如果战争继续，我们每个人都会担心自己的生命安全。根据 live in fear of 生活在……恐惧中，怕，担心；故填 in fear of our lives

58、died of cancer two years later.

【详解】

“两年后”two years later；“患癌症而亡”die of cancer。结合语境可知，此题为一般过去时，“die”需用过去式 died。故填 died of cancer two years later.

59、gift/talent praise

【详解】

根据题干，可知考查：gift/talent 天赋，a 后接可数名词单数形式；praise 赞扬，此处是不可数名词。故填 gift/talent；praise。

60、celebrations are as good as

【详解】

根据汉语可知，本题考查“as...as”的用法，“……就是……”即“像……一样”，可以用 as good as 表示；“庆

祝活动”用“celebration”表示,此处表示泛指,所以用复数,在句中作主语,be 动词用 are;故填 celebrations are as good as。

九、书面表达

61、

Hello! I'm Lin Hui. Let me introduce my life habits. First, I need to do eye exercises between classes to make my eyes relax. I can't go out to play because of the epidemic. So I can do body building exercises indoors every day. Second, I have healthy eating habits. I often eat a lot of vegetables and fresh fruit. I don't eat too much meat. Last, being happy is another way to keep healthy. When I'm lonely or unhappy, I usually try to make myself relax by listening to music or chatting with my friends. Though the epidemic is terrible, don't be scared, just take preventive measures. I always keep a good mood instead of being angry. I often smile. I think smile makes me happy and healthy.

【详解】

1. 题干解读：这是一篇材料作文，题目的开头已经给出。要求根据表格从三个方面说明自己在疫情期间如何保持健康。写作时要运用正确的英语把想要表达的内容写出来，选择恰当的词汇和短语。
2. 写作指导：文章主要使用一般现在时，人称使用第一人称展开详细介绍。按照要点顺序进行叙述，从运动、饮食、情绪三方面进行描写。作文完成后注意检查语法、单词拼写和标点。